Nurses Movement for <u>Responsible Medicine</u> <u>NMRM</u>

Newsletter

Summer/Autumn 2013 Issue No. 6

Web: www.nmrm.org

Patron Dr Moneim A Fadali, MD M.Ch., F.A.C.S., F.R.C.S. (C), F.A.C.C., F.A.C.C.P

Founder Cynthia O'Neill, S.R.N., S.C.M., Q.N., H.V.

Nurses Movement for Responsible Medicine (NMRM) was founded in October 2007 by Cynthia O'Neill, S.R.N., S.C.M., Q.N., H.V. to provide nurses with a channel through which they could express their concerns in relation to the high number of adverse drug reactions suffered by so many of their patients. The Objective of NMRM is the Immediate and Unconditional Abolition Of All Animal Experiments On Medical and Scientific Grounds

"Alas! The sham, shameful ritual of Animal Experimentation continues, propelled by pseudo intellectuals, the misguided and the opportunist. Teaching and learning surgical techniques along with studying human depression, drug dependency and addiction are part of the gruesome scene. On these I shall limit my remarks".

Dr Moneim A Fadali, MD Cardiovascular and Thoracic Surgeon, USA. (See NMRM Newsletter issue number 1 for more of this article by Dr Fadali).

Psychiatric Illness

Why Animals are extremely poor models of Human Psychiatric Illness - source: DBAE Autumn 1994.

Animals do not display the same clinical symptoms as humans. The depression of a dog is not the same as the depression of man. In man, depressions can be a symptom of numerous biochemical, psychological, socio-economic and political factors caused by a unique chemical imbalance, alcoholism, unemployment, the effect of war on the psyche and so on...

Most clinical journals in fact do not refer to animal research but to human studies. Simply put, animals are not human, and the indiscriminate variety of animal species used in psychology experiments (monkeys, dogs, cats, rats) reveals a science without a rational aim or methodology.

...Unlike the spontaneous and unpredictable bouts of depression which occur in humans, symptoms of "psychiatric illness" in animals are induced artificially through electric shocks, punishments, social and environmental deprivation, and the surgical removal of parts of organs or limbs to alter behaviour....

With regard to drugs, toxicologists and regulatory officials admit that animals react differently to man: penicillin kills guinea pigs, morphine excites dogs, aspirin kills cats, and PCP is a horse tranquilizer. Moreover, when discussing the use of drugs in the treatment of any illness, one must realise that there are four different stages of action a drug takes in the body: absorption, distribution, metabolism and excretion.

In a scientific congress of Doctors in Britain Against Animal Experiments (DBAE), held in London in 1991, Dr Bjorn Ekwall, Professor of Toxicology at the University of Uppsala, Sweden and pioneer of non-animal tests said:

"Often the effect will also depend on various toxicokinetic factors, such as absorption of the chemical in the intestine or the skin, metabolism of the chemical in the liver, distribution of the chemical....and finally excretion of it through the kidneys, intestines, lungs or skin. A variation in only one of these factors between the test animal and the human will make the toxic dose administered to the animal inapplicable to or unpredictable for man.... A second flaw in animal testing is that primary toxic events, such as chemical interference with molecules in cells, cell organelles and extracellular receptors, are not measured."

Drugs, Depression and Suicide

...antidepressant Seroxat continues to wreak havoc on a scale so large even the usually-docile UK government has become involved. In May 2003 they ordered an inquiry into the drug class following concentrated reports of suicides, tremors, violent urges, electric shock sensations and severe withdrawal symptoms. Seroxat is an SSRI (selective serotonin re-uptake inhibitor) a group which includes Prozac. Seroxat has topped the league with respect to adverse reactions reported, collecting more reports than the remaining top twenty combined for much of 2002... Families of Seroxat patients who had killed themselves, often within weeks of starting treatment, offered their testimony.

The inquiry eventually ordered that under-18s should not be prescribed the drug after GSK conceded that it did heighten suicidal thinking in children. Legal proceedings have started on a massive scale, with the Seroxat support group numbering 4000 members.

The Observer, 25th May 2003

Adverse Drug Reactions (ADRs) are the third leading cause of death in Europe and the United States despite massive animal testing.

Q: If we didn't use animals what would we use?

A: Note that this view assumes that animal experiments have been responsible for medical advances in the past. If this were true, the concern would be valid. But it is not. Post mortem studies, clinical observations, cell and tissue cultures, in vitro test tube research on living tissue, organ cultures, epidemiologic studies etc. have all proved more valuable than animal studies. The list has been added to in modern times. We now have blood gas analysis machines, blood chemistry analysis machines, monitoring devices. There are numerous examples both past and present. When attending a Royal College of Nursing conference in 2007 our founder, Cynthia O'Neill, S.R.N., S.C.M., QN., H.V., saw a demonstration of a new life size £25,000 computer human patient model that is used in Medical Schools and is 100% proof that we now have a model that can be fed, have umpteen drugs inserted and the computer will file out all relevant facts. He/she blinks eyes, bleeds, changes temperature and does everything one can imagine. The brain behind such an engineered model shows we have proper scientific methods and again stresses that vivisection or animal testing is a fraud, in fact the biggest fraud in the history of the human race! **Cynthia O'Neill, S.R.N., S.C.M., QN., H.V.**

"Learning surgical techniques by practising on live animals is absurd, imprudent and cruel. It has never produced a great surgeon. The abominable practice, I was told, was banned in Britain in 1876, yet thrives still in the United States of America, and some of the so-called civilised, developed countries. It consumes approximately 2-3 million animals every year in the USA. Witless saga manifesting little sense and overabundance of foolishness. Anyone telling you that the animal laboratory is the venue to harness surgical aptitude either doesn't know the ropes, is misled or misleading. To this view belong many highly respected surgeons worldwide including the renowned Charles Mayo, co-founder of the highly acclaimed Mayo Clinic...

...The fundamental verdict remains: you do harm, you receive harm. You experiment on animals to find solutions to your depression, addiction, wrinkles, corpulence, failing heart, insufficient liver, squeaky joints, anguished bones, and attention deficit syndrome, but you end up having more of the same." **Dr Moneim A Fadali**. **MD**

Cardiovascular and Thoracic Surgeon, USA. (See NMRM Newsletter issue number 1 for more of this article by Dr Fadali).

It is now well known that heart transplants on the human patient were actually delayed for 12 years due to the differences of heart transplants on dogs; this subject is also referred to in our 'Letters, Speeches and Articles' section under the heading "Why Didn't She Know?"

Re Dr Fadali's comment that practicing surgical techniques on live animals was banned in Britain in 1876, this may have been the case, but it has been said to happen in Britain in recent times; see 'Why didn't she know'? in 'Letters, Speeches and Articles' section of our website.

As for pharmaceutical drugs in general, every few months or so there is a story in the national press about a breakthrough (most often in relation to cancer). Yet despite the enormous sums of money spent on research, cures fail to materialise; the amount donated to Cancer Research UK (CRUK) in 2012 was £493m, which does not include donations to the other cancer charities.

Regulation of the experimentation on animals; simple reduction of the number of animals used; the subordination of the abolition of animal experimentation while awaiting "alternative" methods, is *unacceptable*.

A FALACACIOUS SCIENTIFIC METHOD CANNOT BE EITHER REGULATED OR REDUCED, BUT MUST BE ERADICATED.